

Stromlo Running Festival 2014



WOODSTOCK RUNNERS



- This quick tour will see us heading to Canberra on Saturday afternoon, camping overnight, racing Sunday morn and heading back Sunday afternoon.
- Races are 10km, 30km & 50km trails and race entry includes a Muzuno shirt, post-race breakfast, finishers medal and access to campsite. Enter race yourself.
- Transport to/from Canberra and Sat night BBQ dinner is \$90.
- I'll sort out tents once I know who is going and who has or hasn't got one. Might do some beg and borrowing! The camping area has hot showers, toilets, BBQ and access to power.

Event Link: <http://www.stromlorunningfestival.com.au/>

Enquiries to Angela Haynes 0419 444 010.

ITINERARY

Saturday 15 Nov	1:00pm	Bus departs from Woodlands Tours Ashbury. <i>(text Angela 0419 444 010 if you need the address)</i>
	5:00pm	Arrive Stromlo Forest Park, set-up tents, BBQ dinner and run chat with the other campers. (Uriarra Rd, Stromlo ACT)
	Overnight	Camping at race headquarters at Stromlo Forest Park.
Sunday 16 Nov	7:00 am	50km Race Start (5 hour cut off)
	7:30 am	30km Race Start (4 hour cut off) – presentation & post race breaky after
	8:00 am	10km Race Start (no cut off) – presentation & post race breaky after
	12:15 pm	50 km presentation & post race breaky, pack up campsite.
	1:30 pm	Depart for return journey to Ashbury
	5:30pm	Arrive Ashbury



What to Do Now...

- Book your transport & Sat BBQ spot at: <https://www.registernow.com.au/secure/Register.aspx?E=13803>
- Email Angela Haynes whether you have a tent, have spare spots in your tent or if don't have a tent & are happy to share. Contact via president@woodstockrunners.org.au or FB or 0419 444 010!
- Register for the race at :<http://www.stromlorunningfestival.com.au/>
- Bring your pillow, swag or sleeping bag, pre-race breaky, money for lunch on way home and your running gear!