



**MARATHON  
HALF MARATHON  
5KM / 10KM FUN RUNS**

**A  
WOODSTOCK  
TOUR**

### Expected cost

- Mr Joe's Magic Bus Trip ~\$80 (or you can self-drive – and we are helping with car pooling too)
- "The Lodge" ~\$55 share room; \$130 own room for two
- Saturday night dinner at "The Lodge" ~\$35

### Registration for the run

You need to register yourself for the event - <http://mudgeetriclub.hwy.com.au/mudgee-running-festival/>

### Registration for Woodstock travel, accommodation and dinner

- send an e-mail to Diane – [diane\\_green@iprimus.com.au](mailto:diane_green@iprimus.com.au) specifying travel method and type of accommodation
- Make your deposit of \$100 to Woodstock bank account BSB 062 284 A/c 10491392
  - (Note the deposit with "Mudgee - your name", eg "Mudgee – First-name Last-name")

### 'The plan' and run sheet

We travel in style with WOODLANDS TOURS and depart from Ashbury

**Contacts** Mr Joe 0419 373 326 or Diane 0403 204

**The Timetable** is on the following page...

## WOODLANDS TOURS

For all your tour needs!  
Servicing Sydney, Hunter Valley, Canberra,  
Blue Mountaints/Jenolan Caves amongst others.  
Charter/Hire, golf Weekends, function transfers,  
custom trips etc.  
Other enquiries welcome!  
Competitive rates.



Call Joe or Therese on 0419 373 326

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## The Timetable

|                                 |   |
|---------------------------------|---|
| <b>Saturday 23<sup>rd</sup></b> |   |
| 8:30                            | Check in for Mr Joe's magic bus at 20 Woodlands Ave, Ashbury  |
| 9:00                            | Departure of Mr Joe's magic bus for Mudgee  |
| 11:30                           | Refreshment and relief break at Lithgow Services  |
| 2:00                            | Arrive Mudgee, quick check in at "The Lodge", then bus to Lawson Park   |
| 3:00                            | Pick up race packs (from Lawson Park 12:00 5:00)  |
|                                 |   |
| 6:30                            | Group dinner at "The Lodge" \$35 per head (drinks own cost)   |
| Evening                         | Increase running fever by telling inspiring running stories.....  |
| <b>Sunday 24<sup>th</sup></b>   |   |
| Early morning                   | Rise and undertake own routine to be ready to run!<br>Make own race day breakfast – bring own including cup/plate/cutlery. There is a kettle and toaster in all rooms. Some rooms have a microwave. |
| 6:40                            | Verbal briefing at race start from organizers   |
| 7:00                            | Marathon and Half Marathon start (wooooohooo!)  |
| 9:00                            | Start of 5K and 10K start (wooooohooo!)   |
| 9:30-10:00                      | Bus Half Marathoners back to "The Lodge" for wash down and check out<br>Back to park to see Marathoners arrive in....   |
| 11:30-12:00                     | Bus Marathoners back to "The Lodge" for wash down and check out (before 1pm)  |
| Lunch                           | All those with a running bib get a complimentary BBQ lunch. Plus there is a range of food and drink available in the completion area for purchase.  |
| 1:00                            | Race presentation   |
| 1:30                            | Mr Joe's magic bus leaves for Sydney  |
| En route                        | Refreshment and relief break at Lithgow Services – plus Mr Joe always has something interesting to show and tell!   |
| 6:30-7:00                       | Arrive back at Ashbury  |