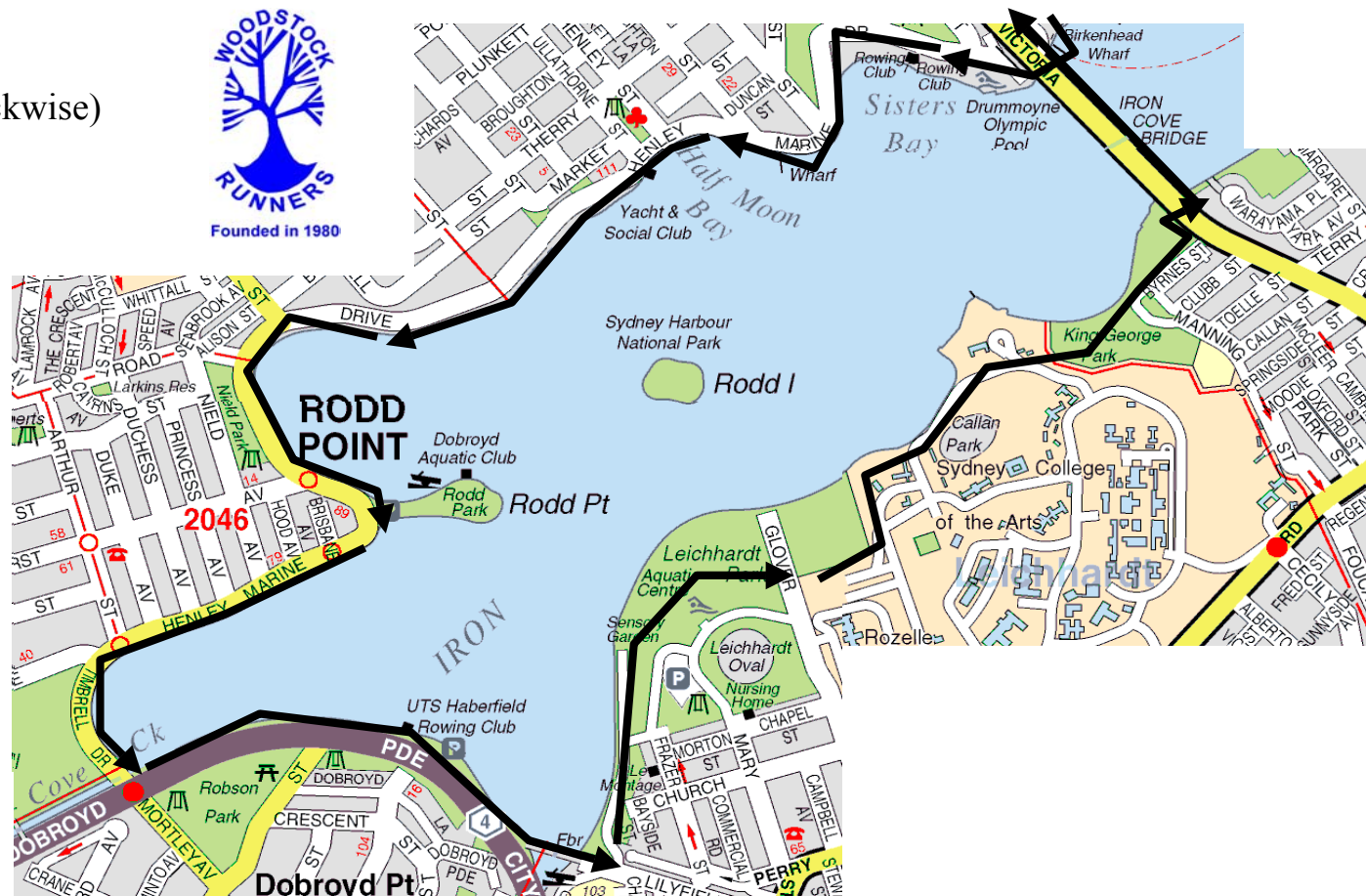


The Bay Run (7.0 km)

Start Corner Formosa Street
 Follow Henley Marine Drive (anti-clockwise)
 L Timbrell Drive
 L Dobroyd Parade
 Cross Old Road Bridge
 L Road, not steps
 Follow to Glover Street
 Follow pathway/road to
 King George Park
 Follow pathway to Iron Cove Bridge
 Up Steps on Northern side
 Cross Iron Cove Bridge
 R Road to under Bridge
 Finish Grass just past Formosa St
 Home



All runners & walkers are reminded to take great care when with us.
 Be wary of cars, motorbikes & cyclists at all times.
 Please also be aware of you fellow runners/walkers, & don't leave anyone on their own.
 Map is produced courtesy of: www.ubd-online.com
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