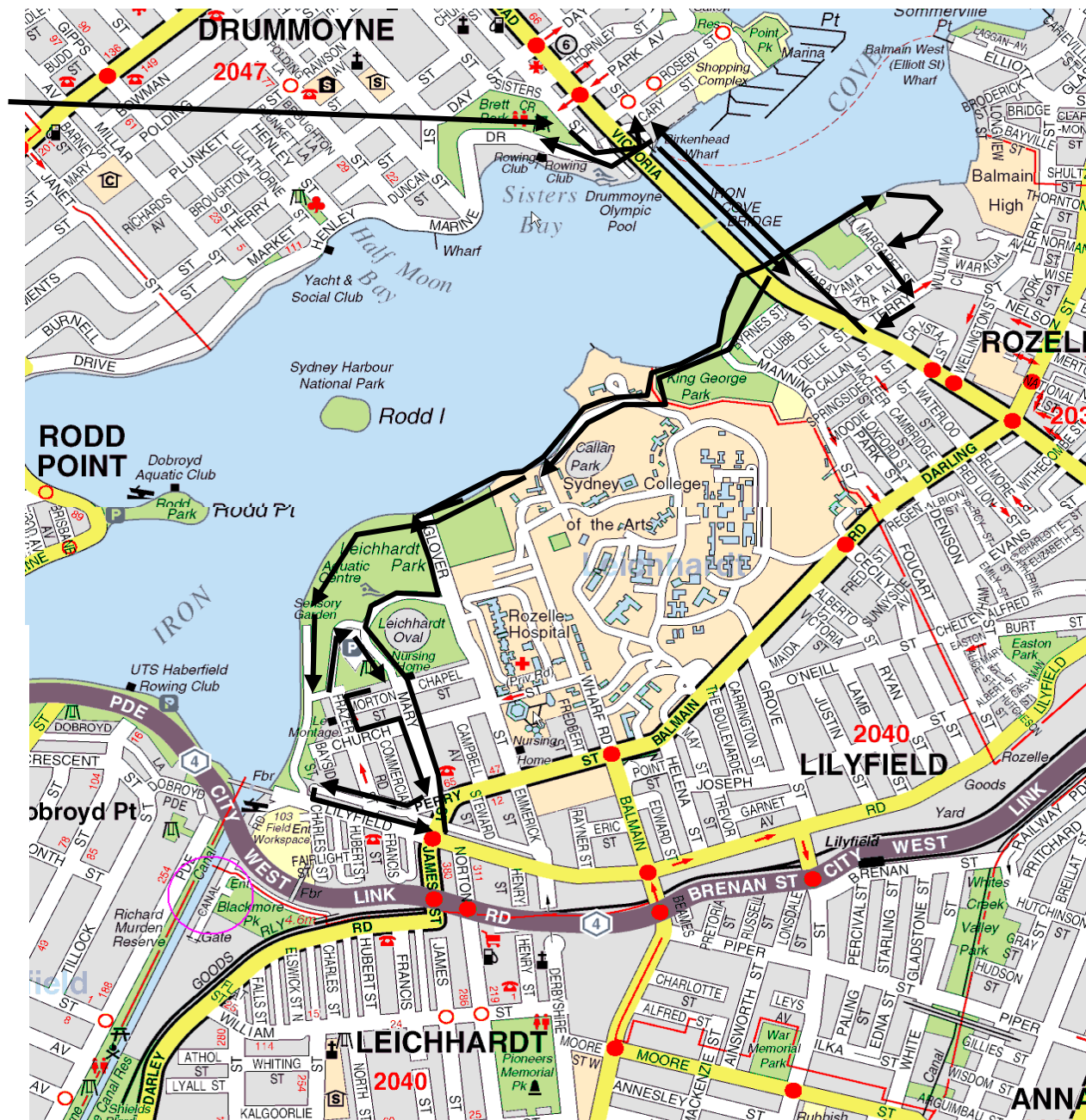


Hell Hill Run (8 km approx)

R Formosa St
 L Henly Marine Dr (turns into Cary St)
 Over Iron Cove Bridge
 L Down steps
 L Under Bridge
 Follow Path to Waterfront Dr
 Leave Waterfront Dr, stay near water past end of Glover St
 Continue on Path and then road
 S Canal Rd
 L Frazer St (Just before old APIA club)
 Bear left toward Leichhardt Pool
 R Mary St
 R Morton St
 L Frazer St
 L Church St
 R Mary St
 R Perry St with slight left jog at Frazer St
 L Canal Rd
 L Lillyfield Rd
 L Mary St (follow to right at pool)
 L Glover ST
 R Path Back to Waterfront St
 L Path past King George Park
 L Path along water under Iron Cove Bridge
 Follow Follow path along water until it goes over planks
 bearing right go up a steep hill "Hell Hill"
 R Path at top of hill
 L Margaret St
 R Terry St
 R Victoria Rd across Iron Cove
 R Cary ST and back to Brett Park.
 Home



Don't leave anyone on their own.
 Please be aware of you fellow runners/walkers.
 Be wary of cars, motorbikes & cyclists at all times.
 All runners & walkers are reminded to take great care when with us.

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