

Woodstock Runners - 2008 Year to Date Results (29/10/07 to 2/11/08)

Sydney Striders 10km - Lane Cove, 3/11/07

Emanuel Finos	42:44
Brenden Davies	44:29

Sri Chinmoy, Lake Gillawarna, 4/11/07

16km

Thalia Anthony	1:21:26	2nd U55
Brendan Davies	1:11:53	3rd M O/All

8km

John Dawlings	34:44	1st 50-59
Dot Siepmann	47:35	1st 60-69

Fishers Ghost, 11/11/2007

10km

Thalia Anthony	48:31	3rd 20-29
Emanuel Finos	43:39	
Stephen Browne	44:58	
Brendan Davies	42:37	

5km

Dot Siepmann	28:19	1st F60-69
--------------	-------	------------

Sydney Marathon Clinic, 18/11/2007

21.1km

Emanuel Finos	1:35:58	
Brendan Davies	1:28:36	
Joe Ayoub	2:20:12	
Therese Ayoub	2:20:12	3rd F40-49
Thalia Anthony	1:46:00	3rd Female
Ric Benvenuti	2:14:38	
Jeff Morunga	2:10:00	

10km

Eddie McLean	1:05:02	
Nick Spasevski	45:12	3rd M45-54

5km

Lyn Jackson	21:43	1st F O/All
Dot Siepmann	28:06	1st 55+

JP Morgan Chase Corporate Challenge, 14/11/2007, 5.6km

Stephen Browne	23:46
----------------	-------

Central Coast Half Marathon, 2/12/2007

21.1km

Brendan Davies	1:24:15
----------------	---------

9km

John Dawlings	36:33	2nd M50-59
Lyn Jackson	38:36	3 rd Female

Kembla Joggers Mountain Racing Series, 9/12/07, Bulli to Tarrawanna, 22km

Brendan Davies	2:02:48
----------------	---------

SMC, 16/12/2007

21.1km

Thalia Anthony	1:53:29	2nd F20-29
Ric Benvenuti	2:15:07	
Emanuel Finos	1:34:09	
Jeff Morunga	1:58:00	
Peter O'Sullivan	1:40:04	
Vass Vassiliou	1:42:19	

10km

Mark O'Donnell	56:13
John Phillips	59:26

5km

Lyn Jackson	21:25	1st Female
Dot Siepmann	27:55	1st F55+

National Running Week, Thredbo, 14-19/1/08

Dot Siepmann

Thredbo Fun Run	6km	35:26
Mixed Pizza Relay	1km	5:48
Women From Snowy River	4km X/C	26:10
Terrigal Trotters Dingo Run	9km X/C	1:01:27
Fazackerly Vet's Run	4.5km X/C	36:27

Performances are used for the assessment of our annual awards, so it is assumed that the Woodstock uniform was worn. (## indicates not a member, or Woodstock uniform not worn).

If you (or someone else) did not wear the Woodstock uniform, can you please indicate this when the results are submitted.

All member results can be included in the Rundown.

Please forward them to Alex Hill, or to rundown@woodstockrunners.org.au

All Long Distance Performances are listed here >>

www.woodstockrunners.org.au/long_distance_qual_2008.html

Sydney Twilight Series #5, Doonside, 10k

Brendan Davies 39:35

Sydney Twilight Series #7, Parramatta

Brendan Davies 39:10

Sydney Marathon Clinic, 20/1/08**21.1k**

Thalia Anthony	1:48:35	1st F16-29
Emanuel Finos	1:35:53	
Jeff Morunga	2:06:31	
Peter O'Sullivan	1:40:36	
Nick Spasevski	1:45:07	
Vass Vassiliou	1:44:52	

10k

John Philips 1:05:14

5k

Joe Ayoub	30:27	
Therese Ayoub	30:27	2nd F45-54

Menai Fun Run, 26/01/08, 8.2km

John Dawlings	34:48	2nd M50+
Brendan Davies	31:51	
Emanuel Finos	35:48	

Sydney Striders, 2/2/2008, 10km

Emanuel Finos 43:18

Sydney Marathon Clinic, 17/2/08**25km**

Emanuel Finos	1:52:58	
Brendan Davies	1:41:15	
Thalia Anthony	2:11:21	

5km

Lyn Jackson 20:55 1st F O/All

Bulli to Wonoona – KJs, 20km

Brendan Davies 1:54:55

Sri Chinmoy, 24/02/08**16km**

Brendan Davies	1:02:45	3rd O/All
Thalia Anthony	1:21:31	
Bridget Ackers	1:31:33	

8km

John Dawlings 33:02 1st M50

4km

Eddie McLean 24:05

Striders North Head 01/03, 10km

Emanuel Finos 42:30

Campbelltown City Walk, 9/03, 6kmEddie McLean 41:13 1st 70-79
13 starts for 13 age wins!**Canterbury Fun Run, 6km**

Greg Muir	22:10	
Derek White	47:19	

Sydney Twilight Series #8, Pyrmont, 10k

Brendan Davies 41:03

Sydney Corporate Cup, 6km

Race 1, Series 60		
Stephen Browne	27:40	

Race 2, Series 60		
Stephen Browne	28:35	

Orange Running Festival**21.1km**

Brendan Davies 1:25:19

10km

John Dawlings 41:07 1st M50

Six Foot Track, 15/3/08, 45km

Brendan Davies	4:04:47	28 th O/All
Jeff Morunga	6:04:00 ##	34:00 PB

Performances are used for the assessment of our annual awards, so it is assumed that the Woodstock uniform was worn. (## indicates not a member, or Woodstock uniform not worn).

If you (or someone else) did not wear the Woodstock uniform, can you please indicate this when the results are submitted.

All member results can be included in the Rundown.

Please forward them to Alex Hill, or to rundown@woodstockrunners.org.au

All Long Distance Performances are listed here >> www.woodstockrunners.org.au/long_distance_qual_2008.html

SMC, 16/03

30km

Emanuel Finos 2:21:32 PB
Brendan Davies 2:02:22

5km

Lyn Jackson 0:20:46

Striders Lane Cove, 5/04/08, 10km

Brendan Davies 36:03
Emanuel Finos 43:??

Fitness Fun Run, Wollongong, 5km

Brendan Davies 17:57

Sydney Corporate Cup, 6km

Race 3, Series 60

Stephen Browne 28:25

Race 4, Series 60

Stephen Browne 27:35

Canberra Marathon, 13/04/08, 42.2km

Martin Amy 3:29:41
Brendan Davies 2:49:49 23rd O/All, 21m PB
Rick Collins 4:43:11 ##
Jeff Morunga 4:40:05 ##

50km

Vass Vassiliou 4:11:43 (3:30:04 Marathon)

5km

Dot Siepmann 28:42

Canterbury Fun Run, 6km

Brendan Davies 21:57

Sri Chinmoy Centennial Park, 16km

Brendan Davies 0:56:38

Performances are used for the assessment of our annual awards, so it is assumed that the Woodstock uniform was worn. (## indicates not a member, or Woodstock uniform not worn).

If you (or someone else) did not wear the Woodstock uniform, can you please indicate this when the results are submitted.

All member results can be included in the Rundown.

Please forward them to Alex Hill, or to rundown@woodstockrunners.org.au

All Long Distance Performances are listed here >> www.woodstockrunners.org.au/long_distance_qual_2008.html