

Cabarita Run (11 km)

- R Church St
- L Shaftesbury Rd
- Cross Parramatta Rd
- L Parramatta Rd
- R Loftus St
- R Queens Rd
- Over Queens Rd Footbridge
- L Along Cintra Park pathway
- Cross Canal just after netball courts
- L Lyons Rd
- R Into Ward St
- R Burwood Rd
- L Salt St
- R Sanders Parade
- L to Massey Park
- Follow pathway around Massey Park
- L Phillips St
- R Collingwood Ave
- Into Dorking Rd
- L Waine St
- R Cabarita Rd
- R Cabarita Park roadway
- Anti-clockwise loop
- Into Cabarita Rd
- L Ian Parade
- L La Mascotte Ave
- R Burwood Rd
- L Church St
- Home

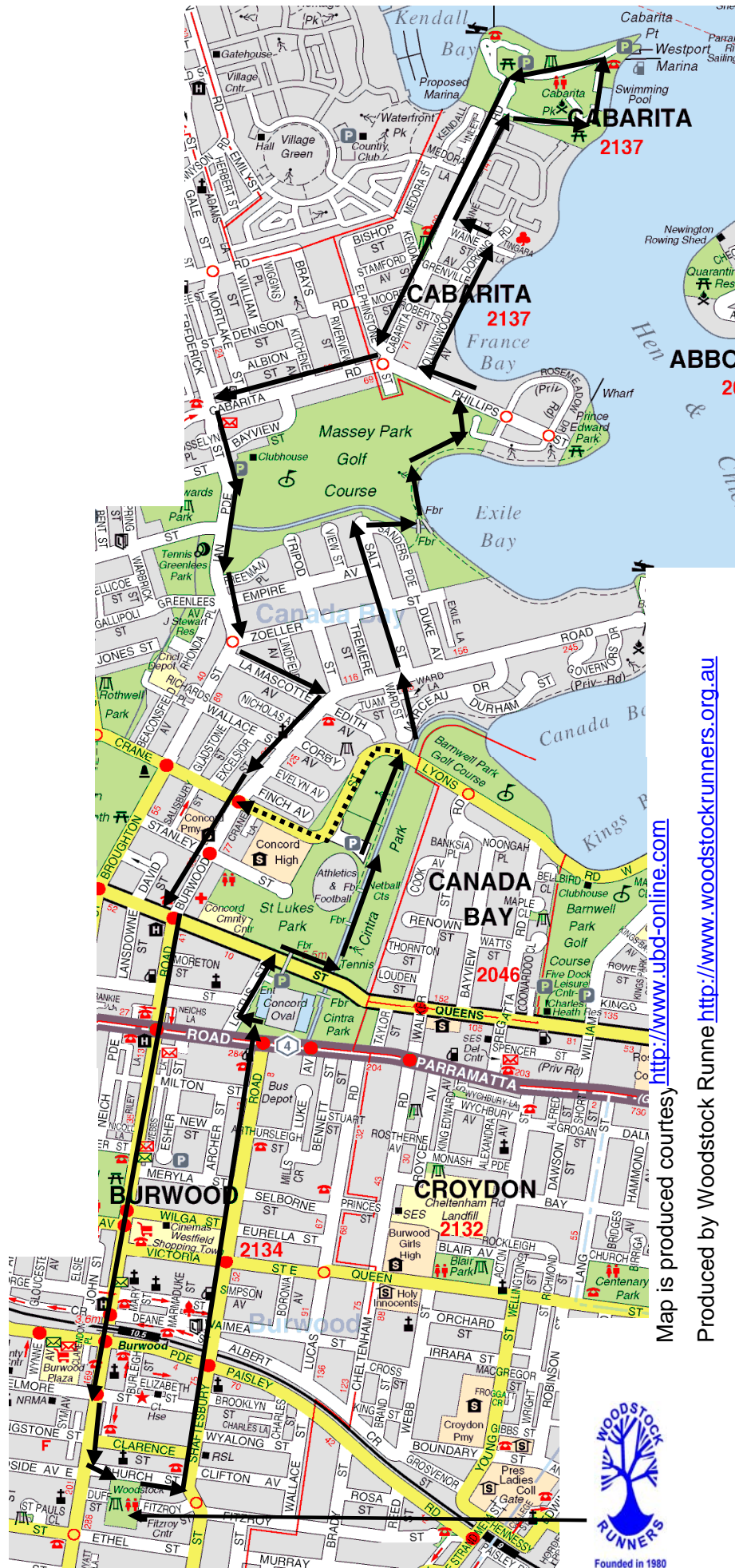
Walkers (7km)

- L Lyons Road
- Into Crane St
- L Burwood Rd
- Rejoin course

** All runners & walkers are reminded to take great care when with us.

** Be wary of cars, motorbikes & cyclists at all times.

** Please also be aware of you fellow runners/walkers, & don't leave anyone on their own.



Map is produced courtesy <http://www.ubd-online.com>
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