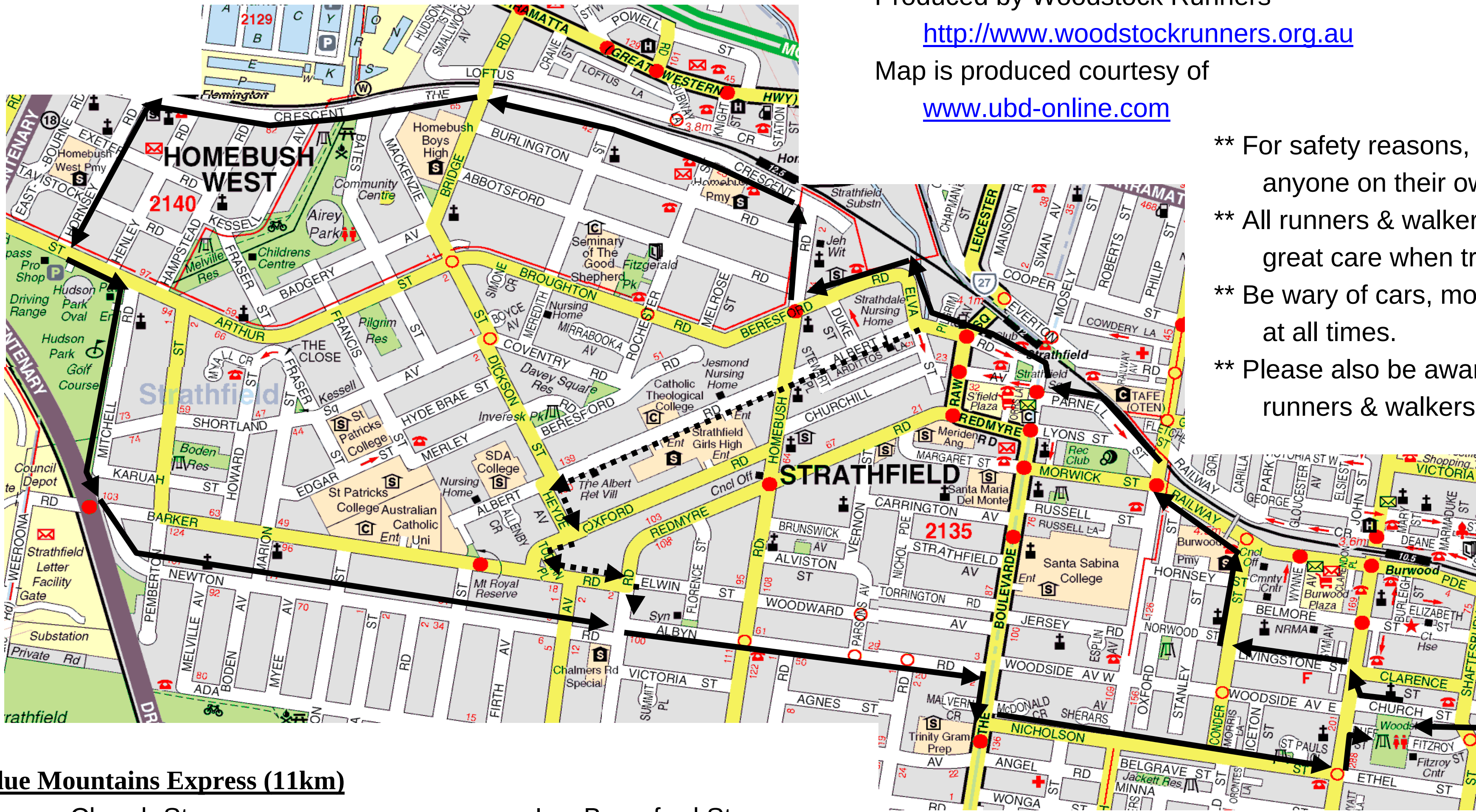

Produced by Woodstock Runners -
http://www.woodstockrunners.org.au
Map is produced courtesy of
www.ubd-online.com

** For safety reasons, don't leave anyone on their own.

** All runners & walkers should take great care when training with us.

** Be wary of cars, motorbikes & cyclists at all times.

** Please also be aware of your fellow runners & walkers.

Blue Mountains Express (11km)

L Church St
R Burwood Rd
L Livingstone St
R Conder St
L Railway Pde
Cross Wentworth Rd Lights
R Parnell St
R The Boulevarde
Across front of Strathfield Station
Into Elva Street

L Beresford St
R Homebush Rd
L The Crescent
L Hornsey Rd
L Arthur St
R Mitchell St
Through Hole in Wall for 30 metres,
Back Through to Barker Rd
R Newton Rd
L Chalmers St

R Albyn Rd
Cross Homebush Rd
Into Albyn Rd
R The Boulevarde
Cross at Lights
Into Nicholson St
L Burwood Rd
R Duff St

Walkers

Follow Course until Elva St
L Albert Rd
L Heyde Ave
R Todman Ave
L Barker Rd
R Chalmers St
L Albyn Rd
Follow course home